

IATA Board Meeting on 1/12/13. The meeting was called to order at 10:20 am.

Members present: Amy Smethurst, Briana Colton, Christine Nicklos, Elizabeth Casey, Elizabeth Guest, Heather Leigh, Jeannette Perkal, Katrina Funk, Kelly Baas, Laura Ebach, Leah Gipson, Liz Gardner, Lynne Cote (via Skype), Melissa Hedlund, Danika Prister, Camille Baker, Madeline William, Rebecca Johnson (via Skype)

Members absent: Allison Barton, Amy Hahn, Andrea Velasco, Beatriz Isabel Alacron, Danielle Locascio, Julie Ludwick, Lariza Fenner, Laura Maruzella, lu-Luen Jeng, Mackenzie Sainz, Maria Ciccarelli, Megan Campbell, Mindy Rushford, Sangi Ravichandran, Shan Ju Lin, Theresa Dewey, Valerie Newman, Victoria Pietrowski.

President - Heather Leigh

Introductions/warm-up with sharing of names, a physical movement, and IATA roles **Meetings will start and end** with art making/movement increasing connectivity

Theme for year - self-care and M&M (modest and manageable)

Meeting with Joe regarding FSC partnership – ongoing talks about budget and IATA and FSC's reciprocal relationship with a possible two-year commitment for rent

Meetings with Committees – ongoing development

Organizing upstairs storage at FSC – looking at what we can keep/donate; Melissa, Laura, Camille and Briana heading up the team

Calendar – will be included in a membership letter to be sent out early February; email dates of committee events to Heather by 1/26/13

Dates and times for Board Meetings this year:

Sun, March 3rd from 10:00 am -12:00 pm

Sat, May 4th from 10:00 am -12:00 pm

Sun, July 14th brunch at Chief O'Neils from 10:00 am -12:00 pm

Sat, Sept. 14th from 10:00 am -12:00 pm

Sun, Nov. 10th from 10:00 am -12:00 pm

Sun, Dec. 8th Annual board meeting celebration from 4:00-7:00 pm

Board members need to join IATA's Google group for board communications – the yahoo group is no longer active

Board members must be a member of AATA and IATA as IATA is an affiliated chapter of AATA **Update Board members information on website for 2013** - Send photo, name, role, credentials to Megan Campbell <u>megan.campbell@me.com</u> (webmaster) by 1/19/13

Nominations chair - vote need (see below)

Children's Mental Health Awareness Day (sponsored by AATA in May) – looking for someone to take the lead on this, possibly partnering with an organization that might have a program already in the works – Camille will follow up with Rainbow House as a possible partner in this endeavor

Research Round Table - Sara Miller <u>sarahmmiller@gmail.com</u> would like to create a supportive community / space for research and writing; in conjunction with this, Adler is hosting a quantitative research seminar on Thursday, February 7th from 6:00 – 9:00 pm with speaker Kelly Roberts

Maddie from Adler is heading up an ongoing research project/dissertation, supported by a grant from AATA, that is a quantitative and qualitative practice inquiry of demographics, income, population,

philosophy, etc. of art therapists in Illinois; potentially pairing the results with professional panel organized by Theresa Dewey <u>theresardewey@gmail.com</u> (membership director) in June of 2013.

President Elect – Melissa Hedlund

Secretary – Julie Ludwick

IATA has officially transitioned from yahoo group to Google group and will be using this online communication source for all mass correspondence within the board and committees. Most board/committee members have joined, 8 members remain. If you still need to join do the following. You have received an email through the email address you supply IATA board. Look for the email, it is an invitation to join. Follow the prompt to join the group. It's that easy ©

Director - Valerie Newman

Treasurer – Beth Casey

- budget proposals estimated costs for events and conference needed
- general guidelines for being reimbursed for expenses, make sure to have a receipt
- Fulton rent is increasing
- setting up a finance committee; volunteers needed

Director of Membership – Theresa Dewey

My apologies for missing my first IATA Board meeting! We ended 2012 with 185 members. Only 78 have renewed for 2013. I will send out a reminder via e-alert that those who do not renew will be purged from our system. In late February, I will send out a welcome letter to all members, including a calendar of events. I will be updating the address labels with the new logo and address. In the welcome letter, I will include the members-only password for the website as well as a request for member artwork. Going forward, members will need to contact me for the password so that I can verify membership.

My goals for 2013 are:

- 1. Increase membership and early renewal.
- 2. Increase student involvement with IATA.

As for increasing membership, I would like to come up with an incentive program, either for member referrals or early renewal. (e.g.Renew or register for a 2014 membership before the conference in October and be entered in a raffle for a new iPad – 12 new memberships would cover the cost of the iPad). I would also like to have a membership registration table at the conference this year, with a laptop set up so people can sign up on the spot to receive a special gift (IATA swag). I would also like to investigate the possibility of member incentives, such as discounts to Stern's or a local art supply store. As for student involvement, I would like to plan another event geared toward students and new graduates. Due to the popularity of the "How to Find Work as an Art Therapist" panel last year, I may repeat that event. Or I may spin-off an idea from the Chicago Bridge, such as "speed-networking," where each student has 5 minutes to network with each professional, ask questions about their specialization, population, or job site, and possibly drop a resume or exchange contact info. The event is tentatively planned for the spring. I welcome any feedback and suggestions from you.

Webmaster – Megan Campbell

I have looked over what was shared from a marketing committee meeting and I am on board with their goals. One thing that I would like to accomplish this year is clarifying the role of the webmaster and creating a protocol/ systematic way of putting news and events up on it.

Exhibitions – Christine Nicklos

- Picking a date for the exhibit (suggestion of mid September) & timeline.
- Narrowing down the exhibit's theme (self-care) and seeking feedback from others; ideas put forth in the meeting were an Adler students exhibition and a silent auction

- Gather/recruit a volunteer committee to help with the exhibit. Receive support/collaboration from Programs committee
- We also discussed possibility of the art exhibit in September to coordinate with the Programs committee event (if we can get speaker Dr. Bruce Perry).

Nomination – motion made at 10:50 am by Beth Casey, Heather Leigh, and Melissa Hedlund resulting in Monique Matic's acceptance as Nominations Chair; Monique Matic's statement of intent below:

Monique C. Matic, MA, LPC, is an Art Therapist at the RISE Children's Center of Metropolitan Chicago YWCA. A Milwaukee, WI native, Matic obtained her Bachelor's degree in visual art & child psychology from the University of Minnesota, Twin Cities and her Master's degree in Counseling Psychology: Art Therapy from the Adler School of Professional Psychology in Chicago, IL. Matic's clinical areas of interest include trauma-based work, community psychology, and Attachment Theory. She has presented at various professional conferences, including the Illinois Art Therapy Association conference (2010 & 2011), the 41st annual American Art Therapy Association conference, the International Art in Response to Violence conference (2010) and the National Sexual Assault conference (2012) on the topics of utilizing art therapy treatment with child sexual abuse/assault survivors and the benefits of incorporating social action art-based programs to address systemic issues in underserved communities. Most recently, Matic has co-authored an article discussing the use of Adlerian Art Therapy with survivors of sexual abuse/assault that will appear in the *Journal of Individual Psychology* this coming January (2013).

Archives – Amy Hahn

1. Continue organizing and digitizing archives plastic bins

2. Record in-person and virtual (when appropriate) interviews of Illinois leaders and past presidents. Try to enlist Mary to help edit the videos and will recruit an IATA member or two/three to help do the interviews.

3. Fleshing out the organization of the archives page and include video and scanned files when appropriate (probably a meeting or two with Heather or Melissa in the near future).

Conference – Elizabeth Gardner

- Keynote speaker, potentially Patty Digh (<u>www.37days.net</u> is her blog)
- Conference theme / title is in process
- Conference scheduled for October 26th at SAIC
- Call for volunteers

First committee meeting on Wednesday February 6th

Ethics - lu-Luen Jeng

Publication – Shan Ju Lin and Sangeetha Ravichandran

Outreach – Amy Smethurst and Mindy Rushford Co-chairs; Beatriz Alacron and Courtney Goldstein IATA volunteers

1. Back by popular demand, the Expose Yourself In-service scheduled for this upcoming spring and fall; possible locations at Adler and SAIC with a plan to offer CEU credits

2. Supporting art therapists by creating a packet of resources (how to write a grant, get published, do research, attain licensure, materials for ATs to use to table at local conferences, etc) which will be available on IATA's website

3. Establishing a network for regional art therapy groups encouraging peer supervision/support

Governmental Affairs – Lisa Fenner, Leah Gipson, Mackenzie Sainz, Laura Ebach

Programs – Kelly Baas and Katrina Funk, Victora Pietrowski, Maria Ciccarelli, Elizabeth Guest, Jeannette Perkal.

IATA Programs Committee: 2013 Goals

As a committee we hope to foster a vibrant community interested in supporting each other as well as the populations we serve. In keeping with the 'self-care' theme we will honor the diverse ways in which we all nourish ourselves in order to grow as art therapists and artists. We will seek partnerships for IATA and its members that are engaging, relevant, and pushing our growing edge. In line with this, we propose to organize 4-5 fully supported programs throughout the year. The specifics of these events are still being organized, but the tentative calendar is below. Programs Committee also plans to offer limited assistance to a few other member-led events.

Programs Committee Working Calendar

*member-led events currently being considered include Art Therapy Supervision by Barbara Fish and Speed Networking for New Art Therapists by Theresa Dewey

JANUARY 1.5 meeting w/Melissa & Heather 10:00 1.12 Board Meeting @ FSC 10:00-12:00

FEBRUARY

MARCH 3.9 Harriet Wadeson at FSC 1:00-4:00

APRIL Sage Community Health Collective? http://sagecommunityhealth.org/wp/

MAY 5.9 Children's Mental Health Advocacy Day Event

JUNE Music Therapy Association Collaboration w/Lauren Schmidt?

JULY

AUGUST

SEPTEMBER Bruce Perry &/or Maia Szalavitz? http://teacher.scholastic.com/professional/bruceperry/index.htm http://www.shesource.org/experts/profile/maia-szalavitz

OCTOBER IATA Conference

NOVEMBER Sandie Yi? http://www.cripcouture.org/Artist.asp?ArtistID=33180&Akey=56CFLP9D

DECEMBER Annual Board Meeting

Student Representatives will be in contact with committee members to offer support / ideas. SIUE Representatives discussed SIUE's art therapy departments move into a new building and their spring conference is to be held on April 13th and will have Janice Hoshino as the keynote speaker.

Meeting called to a close at 12:05